Radiogram No. 4882u Form 24 for 12.19.02

Robotics Ops

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:00		BREAKFAST
07:00–07:15		Prep for TV pass (T ₀ =07.00, T1, T2, T3 will be activated by CΠΠ)
07:15–07:35		PAO TV event: Meeting with Kazakhstan President N. Nazarbaev (ГЗУ balcony)
07:30-08:00		BREAKFAST
08:00-08:15		Daily planning conference (S-band)
08:15–08:45	FE-1	Prep for work
08:15–08:55	FE-2	EXPRESS Rack 3 activation and checkout
	CDR	Maintenance of СОЖ
08:45-09:55	FE-1	Search for VOZDUKH cable 17KC.215iO 9110-30
08:55–09:55	CDR, FE-2	SSRMS DOUG s/w review
09:55–11:25	FE-1	Physical exercise (TVIS-3)
	FE-2	Physical exercise (RED)
09:55–10:05	- CDR	US LAB payload status check
10:05–11:05		Physical exercise (CEVIS)
11:05–11:20		Food questionnaire
11:20–12:50		Physical exercise (RED)
11:25–12:25	FE-2	Physical exercise (TVIS)
	FE-1	Search for VOZDUKH cable 17KC.215iO 9110-30
12:25–12:35		DVCAM battery recharge
12:30–12:45	FE-2	Food questionnaire
12:40–12:50	FE-1	Prep for TV pass
12:50–13:50	_	LUNCH
13:50–14:00		Prep for PAO event
14:00–14:20		PAO TV downlink (KU+S-band)
14:20–17:50	CDR, FE-2	Robotics ops
15:00–16:00	= = FE-1	Video recording of air ducts in SM, ΠxO, DC-1 & Soyuz
16:05–16:35		Blood pressure gauge compressor blade lubrication
16:35–17:15		IMS file prep
17:15–18:15		Physical exercise (VELO + Load Trainer-1 / day 3)
17:50–17:55	FE-2	EXPRESS Rack 3 powerdown
18:15–18:40		Daily plan review
18:40–18:55		Daily planning conference (S-band)
19:05–19:20		Daily food prep
19:20–19:45		CB/ISS crew conference (S-band)
19:45–20:00		Daily food prep
20:00–20:30		DINNER
20:30–21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US procedures

End of radiogram